

Healthy Families San Angelo

...because the first years last forever

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October 1, 2016

Texas Perinatal Association
Stacie Elizondo
3802 Inglewood Drive
San Angelo, Texas 76904

RE: Healthy Families San Angelo 2015 Grant Report

Dear Texas Perinatal Association,

Healthy Families San Angelo appreciates the support from the Texas Perinatal Association to continue its work on its Steps to Success program. Healthy Families San Angelo works to educate parents on the need to have healthy birth spacing to positively impact their family success. Unfortunately, Texas leads the nation in subsequent births to adolescent parents. Additional births during the teen years frequently result in higher rates of low birth-weight babies and substantially poorer socioeconomic outcomes. Children have poorer health, lower cognitive development, worse educational outcomes, more behavioral problems, and are more likely to be teen parents themselves.

Healthy Families San Angelo works to educate families on the benefits of healthy birth spacing and promote the cognitive and physical development of their children. Healthy Families enrolls young families (maternal ages 14-20) during prenatal/early post-natal period. Working with the Texas Perinatal Association, Healthy Families San Angelo was able to support its home-based individual approach to family support.

Since October 1, 2015, Healthy Families San Angelo has provided services and educational materials to the following:

206	Total Families/Newborns Served
99	Families enrolled prenatally
107	Families enrolled post-natally

Board of Directors: **President,** James Campbell **Vice-President,** Teri Covert **Secretary,** Ruby Harlow **Treasurer,** Jenifer Smith
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Victoria Rees, Julie Seay, Chris Taylor, Kellie Ryan, Clementine Urista, Karl Wehner, M.D.
ASU Honors Program Student Reps: Emily Hecox, Mattie Price • **Executive Director:** D'Lyn Culp

Resulting in:

- 141 Families Who Participated in Healthy Birth Spacing
- 111 Families Who Are Using Long-Acting Reversible Contraception
- 72% Parents Who Made Progress Towards Education and/or Employment Goals

Thanks in part to the support from the Texas Perinatal Association's support Healthy Families San Angelo was able to reach these families and provide educational materials that supported their success and put these families on track for long-term success.

Thank you again for your support and if you have any questions about our program please feel free to contact me.

Best Regards,

D'Lyn Culp

D'Lyn Culp
Executive Director